



EMPLOYMENT OPPORTUNITY

POSITION TITLE:	Physiotherapist (Cycling)	Posting Date: February 9, 2018
DEPARTMENT:	Performance Services	<u>Application Deadline:</u> Monday February 26 at 12:00 noon
SUPERVISOR'S TITLE:	<u>First report to:</u> CSIO/Cycling Canada, Performance Services Lead <u>Second report to:</u> CSIO Lead Physiotherapist	<u>Interview date:</u> Monday March 12th (Interviews will be conducted in Milton)
SALARY:	\$36,000 (pro-rated 3 days/week (.6FTE))	

ORGANIZATION

The Canadian Sport Institute Ontario (CSIO) is committed to provide a world-class, multi-sport daily training environment for athletes and coaches through expert leadership, services and programs.

The purpose of this role is to provide world-class support to targeted Cycling Canada (CC) National and Cycling Ontario (CO) Provincial Athletes in the area of Physiotherapy to facilitate overall performance enhancement. The primary role of the physiotherapist is to support CSIO and CC, while helping to continuously expand and further develop this service area at the Milton Velodrome. Duties include working closely with Coaching staff and other Integrated Support Team (IST) staff to work with athletes in the training environment and in competition, focusing on the prevention, treatment and rehabilitation of injury. This is achieved through baseline and ongoing assessments, program development customized to the needs of individual athletes, the facilitation and instruction of hands-on and self-directed exercises and therapies and collaborating with the IST, in order to achieve a holistic approach to athlete development.

RESPONSIBILITIES

Under the direction of CSIO, CC and CO, the post holder will contribute to the achievement of the aims and objectives of the CSIO through;

- Working with the track and road athletes to provide high quality physiotherapy support at the Milton Velodrome.
- Leading the implementation of an athlete treatment process that is focused on pro-active monitoring and management of athlete health and structural assessment.
- Providing high quality training environment therapy services to athletes and monitor therapy service provision to identified athletes, providing guidance where necessary.
- Helping to coordinate annual medical screening for identified athletes.
- Working closely with the coaching and IST staff to ensure competition preparation, training plans, peaking and recovery methods are optimized.
- Collaborating with the coaching staff and IST members in the programming of strength & conditioning training, leading in the areas of injury prevention and rehabilitation.
- Developing close working relationships with the network of therapists working nationally with CC, to ensure a seamless injury prevention and management philosophy and pathway.
- Building strong relationships with other sports medicine practitioners in the area (referring and consultation specialists) as required.
- Maintaining therapy supplies and equipment.

- Creating and implementing emergency action plans (EAP) at training and competition sites and applying first aid as needed.
- When appropriate work with CSIO and CC Research and Innovation (R&I) leads to conduct, collaborate and/or commission relevant performance enhancing R&I projects.
- Maintain up to date and accurate electronic medical records as well as reporting with IST practitioners and coaches.
- Attend, contribute to and provide regular reports at appropriate meetings (i.e.: training centre reviews) associated with the program and to key stakeholders.
- Maintain a rigorous approach to professional development.

WORKING CONDITIONS / SPECIAL REQUIREMENTS

- As the Canadian and Ontario high performance sport systems are in the process of some major changes in the delivery of Sport Performance programming and services, staff must be able to work in a highly dynamic and flexible client service environment.
- Required on occasion to work irregular hours and be on-call for emergencies for time sensitive and priority issues.
- International travel and competition coverage will be required.
- G Class Driver's licence beneficial.

QUALIFICATIONS

EDUCATION

Essential

- Registered Physiotherapist in good standing with the College of Physiotherapists of Ontario
- Current CPR and First Aid Certificate.

Preferred

- Certificate in Sport Physiotherapy (or working towards).
- In process of completing manual therapy courses (FCAMPT designation).
- First Responder Certificate.

EXPERIENCE and KNOWLEDGE/SKILLS

Essential

- Minimum 3 years' experience in the delivery of clinical and sport event physiotherapy services to high performance athletes.
- Excellent soft tissue and diagnostic skills, particularly around the cervical and lumbar spine, knee and wrist.
- Ability to work with a high degree of independence and initiative.
- Excellent communication (verbal and written) and interpersonal skills
- Good team building skills and the ability to be flexible and adjust to changing priorities.
- Proficiency with MS Word, Excel, PowerPoint, Access and Outlook

Preferred

- Advanced training in soft tissue manual therapy, dry needling and acupuncture
- Experience with the sport of Cycling (as a high performance athlete, coach or therapist)
- A basic understanding of bike set up with respect to injury prevention and the demands of the different cycling disciplines.
- Experience working with development level athletes progressing towards successful senior level performances.
- A verifiable record of working within a multi-disciplinary team in the delivery of physiotherapy/chiropractic services to high performance sport.

Interested applicants should submit their resume and cover letter (in one PDF document) to:

**Search Committee,
Canadian Sport Institute Ontario
875 Morningside Avenue, Suite 100
Toronto, ON
M1C 0C7
E-mail: careers@csiontario.ca**

Canadian Sport Institute Ontario welcomes and encourages applications from people with disabilities. Accommodations are available on request for candidates taking part in all aspects of the selection process.

The Canadian Sport Institute Ontario is an equal opportunity employer.

We thank all applicants for their interest, however, only those selected for an interview will be contacted